

CONCEPT DEVELOPED IN COLLABORATION BETWEEN
THE GENERALATE
AND THE SPIRITUAL FORMATION CENTRE AT KRAKOW (POLAND)

Fr. Francis Jordan International School of Salvatorian Formators



SOCIETY OF THE DIVINE SAVIOR - SDS
2019-2020



The school aims to prepare Salvatorian religious for work at different stages of formation: religious and priestly formation. The process of this preparation will be focused on the personal formation of formators in the dynamics of group and individual work. The School's program is based on the main anthropological and theological themes of the apostolic exhortations "Vita Consecrata" and "Pastores Dabo Vobis" by St. John Paul II, as well as on "Verbum Domini" by Benedict XVI. The main themes of the Ratio Institutionis Generalis SDS are taken into account as well.

The proposed formation will have an integral character, so that it would embrace the holistic concept of a person, in all his dimensions and spheres. All the formation efforts are bound by praying the Word of God in the dynamics of lectio divina.

Acquiring and experiencing the proposed contents will be implemented on three levels: human, spiritual and intellectual.



FORMATION TOWARDS HUMAN MATURITY

Factual assumptions:

- Christian anthropology
- psychological realism

Methodical assumptions:

- personal formation in group dynamics
- active methodology: communication exercises, psychodrama, Bibliodrama, work with an image and others...

FORMATION TOWARDS PRAYING THE WORD OF GOD

Praying the Word of God in the dynamics of lectio divina:

- *Lectio* – work with the biblical text, the experience of listening to the Word,
- *Meditatio* – introduction to meditation; fathoming and assimilating the Word,
- *Oratio* – treasuring up the Word and praying the Word during the day,
- *Contemplatio* – the prayer of the presence before the Blessed Sacrament,
- *Collatio* – community lectio divina.

DOCTRINAL AND PEDAGOGICAL FORMATION

- Lectures – deepening the practical reflection on the acquired philosophical and theological knowledge in the context of educational work.
- *Reflection* on the essential features of the participants' own theological and pedagogical culture assimilated as a result of life experiences.
- *Seminars* – learning how to actively receive a content and a dialogue.

SUBSTANTIVE PROGRAM

YEAR 2019

SESSION I

1. Praying the Word of God. Lectio divina

Days 1-9: formation of the disciple in the Gospel of Mark

2. Lectures: The identity of the called person

PDV 5-44; VC 5. 19. 36, 48. 65. 71. 93; RIG 1.6-8. 2.2. 3.1.7

Day 1: Return to the roots of one's own life and calling

- the history of salvation and the story of my life
- history of my relationship with God and my image of God

Day 2: Returning to the roots of one's own life and calling - cont.

- history of interpersonal relations: wounds in relationships and their healing
- history of vocation: discernment, decisions

Day 3: The identity: Human, religious, priestly

- essential elements of identity: human, religious, priestly
- development and maturation to a strong and stable identity

Day 4: Identity crises

- identity crisis and identity disorders
- helping people in identity crisis

Day 5: Identity and emotional maturity

- getting to know and experiencing one's own feelings
- expressing feelings versus the danger of suppressing feelings

Day 6: Identity and emotional maturity - cont.

- feelings and interpersonal relationships
- differences in the world of feelings of men and women

Day 7: Identity and emotional maturity - cont.

- the role of feelings in spiritual discernment
- disorders in the emotional sphere

Day 8: Diagnosing the vocational identity of the candidates

- criteria for diagnosing candidates for the religious life and priesthood
- methods of diagnosing

Day 9: Identity and Salvatorian charisma

- Discovering one's own identity in the charism of the Society of the Divine Savior,
- Acquisition and transmission of the charism of the Society of the Divine Savior.

3. Workshops

Days 1-3: Integration meeting

Days 4-6: My path to existing formation

Days 7-9: Who am I and what do I mean to myself?

4. The desert day

SESSION II

1. Praying the Word of God. Lectio divina.

Days 1-9: Formation of the disciple in the Gospel of Matthew

2. Lectures: Integrative education towards religious consecration

VC 14-32.82.88-91; RIG 1.4.4; 7.2.3

Day 1: Human and theological dimension of religious consecration

- anthropology and theology of the vocation to the consecrated life
- place of consecrated life in the Church

Day 2: Baptismal and religious consecration

- a new and special consecration
- the special value of consecrated life

Day 3: Education and formation for consecrated chastity

- experience of God's love as the source of human love
- sexual integration of the human person

Day 4: Education and formation for consecrated chastity

- sexuality and religious consecration: a call to evangelical chastity - the human and theological dimension,
- mature experiencing of consecrated chastity; friendship and spiritual fatherhood.

Day 5: Education and formation for consecrated chastity

- sexual sphere: sustainability, self-control, initiative, psychological and emotional maturity
- misuse in the sexual sphere

Day 6. Education and formation towards poverty

- evangelical poverty as a value in itself
- motivations of evangelical renunciation and moderation

Day 7: Education and formation towards poverty

- special love for the poor
- life and ministry in the Church of the poor and for the poor

Day 8: Education and formation towards obedience

- A call to freedom: freedom in the evangelical sense
- education for decision: from desire to decision

Day 9: Education and formation towards obedience - cont.

- responsibility for one's own life and for life choices
- dialogue, obedience, dependence, self-denial, the role of the Church's authority

3. Workshops

Days 1-3: I think and feel

Days 4-6: Feelings are signaling needs

Days 7-9: Psychosexual needs and the choice of celibate life

4. The desert day

SESSION III

The Lectio divina retreat.

The road with St. Peter - the Gospels



YEAR 2020

SESSION IV

1. Praying the Word of God. Lectio divina.

Days 1-9: Formation of the disciple in the Gospel of Luke

2. Lectures: Education for life and mission in the apostolic community

PDV 60-69; VC 37. 41-43. 72. 84-85. 87.93. 105; RIG 1.4-5.
8.2.1.4

Day 1: Education towards the relationship in the formation community

- awareness of interpersonal relations
- the dynamics of the multicultural formation community

Day 2: Significant values in a superior - subordinate relationship including traditions and cultures

- trust and dialogue, authority in the community
- criteria for mature relation superior – subordinate

Day 3: Experiencing and resolving conflicts including traditions and cultures

- experiencing conflicts
- forgiveness and reconciliation

Day 4: Relations in the team of formators and in the apostolic work

- cooperation in a team of formators
- personal relationships in the apostolic work

Day 5: Purposes and models of the community including traditions and cultures

- community for realizing vocational values
- community life models

Day 6: Relationships in the Salvatorian Family

- respect for the dissimilarity of vocations in the same apostolic community
- building and deepening relationships in the Salvatorian Family

Day 7: Community and mission

- “To be over to act.” Consecration and mission
- Unambiguity in life and proclaiming the Gospel to the ambiguity of the world

Day 8: Community in the modern world

- The meaning of consecrated life in the modern world
- Discernment and undertaking new challenges in the spirit of the Institute’s charism

Day 9: Culture and style of the apostolic work of the community

- Salvatorian religious and priestly lifestyle; culture in interpersonal relations
- Managing the team and the ability to cooperate with lay people

3. Workshops

Days 1-3: In fraternal multicultural community

Days 4-6: Differences and conflicts as a chance for growth

Days 7-9: Evaluation of the participation of workshop group members

4. The desert day

SESSION V

1. **Praying the Word of God. Lectio divina.**

Days 1-9: Formation of the disciple in the Gospel of John

2. **Lectures: Formation in the moral and spiritual dimension. Ongoing formation.**

(PDV 44-50. 70-81) VC 38.65-66.71.93.95; RIG 3.1.7; 8.3.2

Day 1: Formation of conscience

- Christian understanding of conscience; conscience and listening to the Word of God
- shaping of conscience: love for truth, honesty, moral integrity

Day 2: Formation of conscience - cont.

- sensitivity of conscience, sense of sin; a healthy and false sense of guilt
- vocational choices and decisions: fidelity to moral obligations

Day 3: Formation for prayer

- introducing silence, listening and meditating on the Word of God and the Eucharistic life
- getting to know oneself and developing one's own spirituality in prayer

Day 4: The sacrament of Penance

- regularity and conscientiousness in using the Sacrament of Penance in the life of the formator and formandi
- educating to practicing the sacrament of penance

Day 5: The sacrament of Penance

- the role of a permanent confessor in formation
- misuse and wounding in the confessional

Day 6: Spiritual direction

- the need for spiritual direction: the main tool of formation
- practice of spiritual direction and spiritual discernment

Day 7: Spiritual management and the need for therapy

- spiritual direction at crucial moments in life
- spiritual direction and therapeutic help

Day 8: Ongoing formation

- significant levels of permanent formation
- criteria and education for mature self-development

Day 9: Ongoing formation - cont.

- different models of formation
- responsibility for oneself and a permanent formation in everyday life

3. Workshops:

Days 1-3: The mission of being a formator

Days 4-6: The art of conducting formation talks

Days 7-9: Growing as a formator

4. The desert day

SESSION VI

The Lectio divina retreat.

The road with St. Peter – The Acts of the Apostles



PLACE AND DATES OF CLASSES

2019

Session I: Rome, March 24 - April 5, 2019

Session II: Rome, 2 - 14 June 2019

Retreat: Cracow, October 8-17, 2019

Beginning: the first day at 5.00pm

Ending: the last day at 1.00pm

Retreat open to all Salvatorian priests, brothers and sisters, also to those who do not attend the School in English, Spanish and Italian.

2020

Session IV: Rome, February 23 - March 6, 2020

Session V: Rome, 3-15 May 2020

Retreat: Cracow, October 8-17, 2020

Beginning: the first day at 5.00pm

Ending: the last day at 1.00pm

Retreat open to all Salvatorian priests, brothers and sisters, also to those who do not attend the School in English, Spanish and Italian.

ORGANIZATIONAL ISSUES

1. Organizer and lecturers

- School Organizer:
Secretariat for the formation of the Society of the Divine Savior,
- Patronage over the School:
Generalate of the Society of the Divine Savior

- Program Board of the Biennial School:
Secretariat for Formation of the Society of the Divine Savior and
the Salvatorian Spiritual Formation Centre in Krakow, Poland,
- Leading workshops and lectures:
educators and professors - experts in theology, Salvatorian
spirituality, Christian anthropology from various scientific centers
and circles of seminary and religious formation.

2. Place of classes

- Sessions: Villa Maria Casa Per Ferie delle Suore Salvatoriane
Largo Berchet 4, 00152 Roma
phone: + 39 (06) 58 52 031.
- Retreats: Centrum Formacji Duchowej,
ul. św. Jacka 16, 30-364 Krakow, Poland
- Correspondence address: School secretary:
sdsformationschool@mailsds.org

Fr. Roman Wroblewski SDS – organization
Fr. Rafal Ziajka SDS – content

3. Conditions for participation in the School

The school accepts priests and brothers who:

- have basic experience in the formation work or will be assigned to it
in the near future: rectors, headmasters, prefects, spiritual directors,
masters of novices and postulates, promoters of vocations,
- are guided by a personal desire to participate in classes and fully
consent to the nature and dynamics of the formation proposed in the
School,
- have a fluent command of English or Spanish
- in agreement with superiors who guarantee the possibility of full
participation in the School, undertake to participate in all sessions

and retreats lasting for two years; due to the continuity of the dynamics of formation, absenteeism may mean the impossibility of continuing the participation in the School; the right to such a decision is reserved by the organizer of the School after consultation with a group of educators;

- for the duration of each session, participants will reside in Rome at Villa Maria Casa Per Ferie delle Suore Salvatoriane.

4. Applications to the School

- admission to the School is based on “first-come, first-served” principle,
- a completed application form should be sent to the Secretariat for Formation at the Generalate by December 31, 2018 (with the annotation “The School of Formators”),
- confreres admitted to the School will receive confirmation and additional information about participation in the classes, by January 15, 2019.

5. Participation in the lectio divina retreat

- an eight-day lectio divina retreat will take place in Poland, at the retreat center of the Salvatorian Spiritual Formation Centre in Krakow, in complete silence and with the individual accompaniment of the spiritual director.
- participation in retreats is also open to Salvatorians (priests, brothers and sisters) who do not participate in the Salvatorian School of Formators and for priests or religious
- the condition for participation is agreeing to maintain complete silence during the retreat and participation in daily personal guidance by the spiritual director; there is also the need of a good command of one of the three languages: English, Spanish or Italian.





Father Francis Jordan intecede for us...